



# Newsletter

January 2025 No.49

*"It always seems impossible until it's done"*

## Greetings, Kazokudai Karate family!

### Welcome to the January Edition of the Kazokudai Karate Newsletter!

Happy New Year, Kazokudai family!

As we step into 2025, we're filled with excitement and determination for the year ahead. January is a time for fresh starts, renewed focus, and setting ambitious goals—both on and off the mat. We are going share updates on upcoming events, celebrate the achievements of our students. Whether you're striving to perfect your kata, sharpen your kumite skills, or simply build strength and confidence, remember that every small step counts toward greatness.

Let's kickstart this year with power, precision, and the indomitable spirit of karate. Stay strong, stay focused, and most importantly, stay part of this incredible community.

As we step into the new year, we're pleased to announce that our **monthly training fees will remain unchanged**, reflecting our commitment to keeping karate accessible for everyone in our community. However, to ensure we can continue providing the highest quality personal instruction, the cost of our **1:1 sessions will be increasing to £50 per hour**.

This adjustment allows us to maintain the value and expertise you expect while supporting the ongoing growth of Kazokudai Karate. Thank you for your understanding and continued support!

## Kata Course 2025

To kick off the year, the first JKA England event of 2025 was the annual Kata course, which was held in Guildford, Surrey.

A small team from Kazokudai attended the Kata Course, fun was had by all as we immersed ourselves in the 12 Kata's that were covered by the various members of the JKA England Technical Committee. By sharpening our techniques and deepening our understanding everyone walked away with new insights, whether it was mastering a tricky sequence or gaining a fresh perspective on familiar moves.



It was a fantastic experience that reminded us of the joy and growth that comes from learning together.

*Kazokudai Karate*

## PARENTS on the MAT

Kazokudai is excited to announce a special event, **Parents on the Mats**, designed to bring families closer through the art of karate! This unique session invites parents to step onto the mats and learn basic karate moves alongside their children. The goal of the event is to equip parents with foundational techniques and knowledge, enabling them to actively support their kids' practice at home. Whether you're completely new to karate or simply curious, this is a fun and interactive way to bond with your child while gaining a deeper appreciation for their training. Come ready to learn, move, and share in the spirit of karate! Book your space TODAY, as spaces are Limited!!

<https://kazokudaikarate.com/shop/events/family-fusion-parents-on-the-mat/>



## JKA England Northern and Central Region Championships 2025

Get ready to showcase your skills at the JKA E Regional Karate Competition on **22 February!**

This exciting event is open to all members aged 6 years and up with an Orange Belt or higher, providing a fantastic opportunity to test your abilities in a supportive and spirited environment.

Competing not only builds confidence and grit but also fosters a sense of community as you connect with fellow karate enthusiasts from the region.

Whether you're aiming to achieve personal goals or experience the thrill of competition, this event is a stepping stone toward growth, discipline, and camaraderie. Don't miss your chance to be part of this empowering experience—register today and take your karate journey to the next level!

## Spring International Course: 25/04/2025 - 27/04/2025

Don't miss the incredible opportunity to train at JKA England's next International Course, held in **Crawley!** This exciting event will feature **three renowned international instructors**, alongside JKA England's esteemed technical committee, offering world-class karate training like never before. Whether you choose to attend all three days or just one, this course is open to all grades and ages, making it perfect for everyone eager to learn and grow.

Join us as part of **Kazokudai Karate**, our extended karate family, and experience the strength of our vibrant community coming together to deepen skills, forge connections, and celebrate the art of karate.

Simply follow the link to book on: <https://www.jka-england.org/event-tickets/>



## PLEASE LOG ON...

As a club we have been part of Easyfundraising for a while now:

Would you like to help raise funds for the dojo at **NO extra cost** to you?

All you need to do is download the app, register an account, and whenever you would like to buy something online, all you do is go thru the easyfundraising app - and make your purchase with the company you would like to use eg. Amazon, eBay, Tu Clothing, M&S, Boots etc.

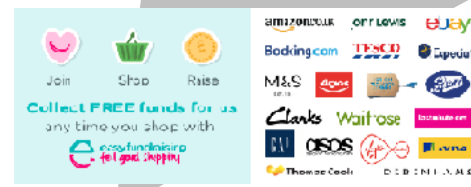
Thank you to all our supporters so far who have been using the App. - the donations are greatly appreciated and will go towards purchasing some equipment for us to use in the dojo.

[https://www.easyfundraising.org.uk/causes/kazokudaikarate/?utm\\_campaign=raise-more&utm\\_source=social&utm\\_medium=whatsapp&utm\\_content=rm-wa-1](https://www.easyfundraising.org.uk/causes/kazokudaikarate/?utm_campaign=raise-more&utm_source=social&utm_medium=whatsapp&utm_content=rm-wa-1)

**Our Top Fundraisers this month are: Amy N, Kevin W, Marian B, Jo W, Laura G, Sam S.**

**Thank you to everyone who has already signed up this platform already - every penny helps**

**Kazokudai Karate**





## *Birthday Club:*

We have a few members that celebrate their birthdays in January:

Luke E-W    Sensei Bianca  
Noah D                  Diya M                  Alice F  
Lucy C                  Beatrice M              Edwin R

We at Kazokudai Karate wish you a VERY happy birthday and hope you have an amazing day!

If we have missed your birthday for this month - just let me know and we can add you.

## *Our New Warriors:*

Our Kazokudai Karate family would like to extend a very warm welcome our New Warrior who has tried our 4 week beginners program and is continuing their karate journey with us:

Edwin R

Welcome, hope your journey with us is long and successful!

## **BRING A FRIEND!!**

Do you know of anyone who needs help with confidence, fitness or just to make friends, why not invite them to come and give our program a go - you have seen and experienced what we are able to provide.

All you need to do is please forward them this link:

<https://mailchi.mp/cb8d49b0515e/vtwe6cd85c>

## **We have some new KIT:**

We are excited to announce that the dojo has branded Mitts - Sparring gloves

We are now offering:

New dojo mitts + Gum Shield + Mitt Bag - £25

Although our grading sale has ended, you can still purchase a Sparring Bundle from the Club Shop on our website:

<https://kazokudaikarate.com/shop/club-items/sparring-bundle/>

**Please note that all members Yellow Belt and above need a set of mitts for training.**

## **Dates for your Diary:**

- \*01/02/2025 - Parents on the Mats
- \*15/02/2025 - Squad Training
- \*22/02/2025 - Northern/ Central Regional Competition - Nottingham University
- \*08/03/2025 - International Women's Day (watch this space)
- \*29/03/2025 - Club Grading - Sensei Dave Paulus
- \*25/04 - 27/04/2025 - International Course/ Dan Grading - K2 Crawley - All are welcome
- \*21/06/2025 - JKAE National Competition - K2 Crawley
- \*28/06/2025 - Club Grading - Sensei Adel Ismail
- \*28/07 - 01/08/2025 - Kazokudai Karate Summer Camp



## **SPARRING BUNDLE**



As we wrap up this month's newsletter, we want to thank each of you for your continued dedication and enthusiasm. January so far has been a fantastic start to the year, and we're excited for everything 2025 has in store for Kazokudai Karate. From competitions to courses, and the everyday commitment you show in training, our community grows stronger together.

Let's keep the momentum going, setting goals, pushing boundaries, and supporting one another every step of the way. Oss!

So until our next newsletter,  
"Believe and you can achieve", (Gordon Burcham)

Oss Sensei Bianca and the Kazokudai Karate Team

