



Newsletter

December 2024 No.48

"She believed she could, so she did"

Greetings, Kazokudai Karate family!

Welcome to the December Edition of the Kazokudai Karate Newsletter..

With the end of another intense year drawing closer and the excitement of a festive season ahead, we've put together our most recent achievements and announcements. In this issue of the Kazokudai Karate Newsletter, we hope that you can reflect on what a year we have had and can be inspired for next year.

WORLD CHAMPION!!!

Sensei Bianca and Senpai Cyra are still overwhelmed with the amount of support and praise they are receiving from everyone for their efforts at the Gitchin Funakoshi World Cup. That being said, they are very appreciative of your gratitude.

Below are the times that you can spot Sensei Bianca and Senpai Cyra on the floor, however feel free to 'geek out' and watch some other competitors as ALL the karate over that weekend was phenomenal.

Senpai Cyra Kata:
Spotted at: 29:42 ; 58:49 ; 1:22:08

https://www.youtube.com/live/Rny9c_os54Y?si=5RLiRSXYj6gijVcS

Senpai Cyra Kumite:
Spotted at: 7:07:07
https://www.youtube.com/live/hyOt0o-0jX4?si=eZLZrl_73bsT7rBv

Sensei Bianca Kata:
Spotted at: 30:02 ; 47:18 ; 1:01:35
<https://www.youtube.com/live/W-nrJmFSDbE?si=Qab2Ma3xOs6drjkk>

Sensei Bianca Kumite:
Spotted at: 2:07:11 ; 2:33:23 ; 2:38:17 ; 2:44:46
https://www.youtube.com/live/EMFfKFocN_w?si=jrvZK19xX-xmlO8c

The Results.....

Sensei Bianca Kata - 4th Place !!
Senpai Cyra Kata - Top 32 !!
Sensei Bianca Kumite - GOLD !!

Putting aside the thrill of the completion, visiting Japan itself was an experience like no other. It was inspiring to see how the home country of the sport we devote so much of our lives to operates - reflecting the mindset of the Japanese karate-ka we encounter, proving why they are the best through their lifestyles.

The home of karate is magical.





The World Championship was electrifying, watching and experiencing what the best the world has to offer in JKA karate. It was made so much sweeter when it was revealed that Sensei Bianca was and is the first person to win an individual medal in JKA England history. She is an inspiration for not only the current England Squad members, showing that it is possible to go all the way, but also to the next generation of karate-ka proving with that hard grit and determination, anything is possible.

Once again, thank you to everyone for your ongoing support and praise. We hope that you are inspired to keep up your training so that, one day, you can reach your top.



SENSEI BEARANCA

Sensei Bearanca was an amazing travel companion - she made so many more friends along her journey and was very popular amongst the JKA England squad.

With her envelope of good fortune, she will hopefully bring the same good luck to our dojo, as our dojo mascot. Thank you again to everyone who were involved with the fundraising for our amazing trip - this was really a dream come true!



Club Grading: 23 November 2024!!

WOW! What a success!

Our last grading of the year saw Kazokudai's second ever female-only grading panel, featuring our very own Sensei Bianca and JKA England Executive Committee member Sensei Tracey. Sensei Bianca and Sensei Tracey train regularly with each other, so they share the same impeccable standard - making this grading one of the toughest ones yet.

Congratulations to all who attended - regardless of your result we can now push forward to the next one!



GRADING DAY



GOOD LUCK ALL

Winter International Course: 29/11/2024 - 01/12/2024

This years JKA England Winter International Course was hosted by some of the most prestigious instructors in the world of JKA Karate. We were so privileged to have these HQ instructors, who provided such insightful and engaging sessions.

As usual with these courses, the quality of training was very high - everyone who attended has brought back heaps of knowledge.

That being said, the next International Course that JKA England are hosting is in Spring (25/04/2025 - 27/04/2025) where even more world-class instructors from HQ in Japan are teaching.

JKA England has secured: Ohta Sensei (7th Dan)
Ogura Sensei (8th Dan)
Naka Sensei (7th Dan)
Sawada Sensei (8th Dan)



It is highly recommended that you book onto the course now, or spaces will be very limited due to the popularity of these instructors.

Anyone can attend this course, you don't have to book on for all 3 days.

Simply follow the link to book on: <https://www.jka-england.org/event-tickets/>



BUT WAIT...

We are excited to announce that we have 2 new JKA Shodans in the Dojo!

Both Rem and Diya have been working incredibly hard for so long, but it's proven to have paid off - with both producing amazing performances and PASSING! (At the winter international course)

Congratulations to you both - look out for their photo on our Black Belt Wall of Fame.





MOVIE NIGHT!! (21/12/2024)

It's that time of year again where we prepare for a cosy evening in the Dojo for our annual Christmas Movie Night.

Seeing as it has become a tradition, we are so excited to host this event once again. This year, the movie we have decided is.....

The Grinch

This event is open to everyone, so bring along your friends and family (they don't have to be involved to the dojo), cushions, blankets and cosy clothes.

Each ticket costs £8 and includes:

- Pizza
- Popcorn
- A juice box
- A bag of sweets
- An awesome movie

Tickets can be purchased through contacting Sensei - payment can via bank transfer.



PLEASE LOG ON...

As a club we have been part of Easyfundraising for a while now:

Would you like to help raise funds for the dojo at **NO extra cost** to you?

All you need to do is download the app, register an account, and whenever you would like to buy something online, all you do is go thru the easyfundraising app - and make your purchase with the company you would like to use eg. Amazon, eBay, Tu Clothing, M&S etc.

Thank you to all our supporters so far who have been using the App. - the donations are greatly appreciated and will go towards purchasing some equipment for us to use in the dojo.

So while you are doing your shopping on behalf of the man dressed in Red, please remember to use the app.

https://www.easyfundraising.org.uk/causes/kazokudaikarate/?utm_campaign=raise-more&utm_source=social&utm_medium=whatsapp&utm_content=rm-wa-1



Our Top Fundraisers this month are: Amy N, Kevin W, Marian B, Jo W, Sam S, Laura G.

Thank you to everyone who has already signed up this platform already - every penny helps.

Birthday Club:

We have a few members that celebrate their birthdays in December:

Lisa K	Sam S	Kohen M
Laura G	Ben W	Carson D
Amy P	Carter M	Archie P



We at Kazokudai Karate wish you a VERY happy birthday and hope you have an amazing day!

If we have missed your birthday for this month - just let me know and we can add you.

Our New Warriors:

Our Kazokudai Karate family would like to extend a very warm welcome our New Warrior who has tried our 4 week beginners program and is continuing their karate journey with us:

Hazel M-S

Welcome, hope your journey with us is long and successful!



BRING A FRIEND!!



Do you know of anyone who needs help with confidence, fitness or just to make friends, why not invite them to come and give our program a go - you have seen and experienced what we are able to provide.

All you need to do is please forward them this link:

<https://mailchi.mp/cb8d49b0515e/vtwe6cd85c>

JKA England Northern and Central Region Championships 2025

Next year, the Northern and Central Region Competition will be held in the David Ross Sports Village of the Nottingham University. It will take place on **Saturday 22nd February 2025** - timings to be finalised.

Anyone orange belt and above and over the age of 6 is welcome to compete!

In addition, we need helpers to help the competition run as smoothly as possible (and to show how amazing the north is), so if you aren't interested in competing, please contact Sensei to ask how you can help out.



We have some new KIT:

SPARRING BUNDLE



We are excited to announce that the dojo has branded Mitts - Sparring gloves

We are now offering:

New dojo mitts + Gum Shield + Mitt Bag - **£25**

Although our grading sale has ended, you can still purchase a Sparring Bundle from the Club Shop on our website:

<https://kazokudakarate.com/shop/club-items/sparring-bundle/>

Please note that all members Yellow Belt and above need a set of mitts for training.

Dates for your Diary:

- * 21/12/2024 - Christmas Movie Night
- * **23/12/2024 - 07/01/2025 - DOJO is CLOSED!**
- * 18/01/2025 - Kata Course - Hatfield - All can attend
- * 22/02/2025 - Northern/ Central Regional Competition - Nottingham University
- * 08/03/2025 - International Women's Day (watch this space)
- * 29/03/2024 - Club Grading - Sensei Dave Paulus
- * 25/04 - 27/04/2025 - International Course/ Dan Grading - K2 Crawley - All are welcome
- * 21/06/2025 - JKA National Competition - K2 Crawley

Please be aware that the Dojo will be closed from 23rd December 2024 (Monday) until 8th January 2025 (Tuesday).

Classes will return to normal from 9th January 2025 (Wednesday).

We're looking forward to a final push of training, personal growth, and camaraderie at Kazokudai Karate. Remember that your journey in karate is not only about self-defence and physical fitness; it's also about self-discovery, discipline, and building a strong character.

Let's continue to support each other, train hard, and embody the spirit of Kazokudai Karate. Oss!

So until our next newsletter,
"Believe and you can achieve", (Gordon Burcham)

Oss Sensei Bianca and the Kazokudai Karate Team

